

LESSON PLAN 5

PERSONAL IDENTITY



PRE-K4-5

SELF AWARENESS

LESSON OVERVIEW

Duration: 25 minutes

Characters: Selin, Whisper, Rico, Cherry

Objective: Students will learn to identify the things they love as part of understanding their personal identity. They will create their own "Things I Love" book and share it with classmates.

LEARNING GOALS

By the end of the lesson, students will:

- Identify personal preferences and things they love.
- Express aspects of their identity through drawing and sharing.
- Appreciate differences and similarities among classmates.
- Build confidence speaking in front of peers.

MATERIALS NEEDED

- Selin's Sweets Video: 'Things I love'
- Half-folded paper "mini-book" for each child
- Crayons and markers

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LESSON STEPS

1. Welcome & Warm-up (2 min)

Teacher greets the class:

"Good morning, sweet friends! Today we're learning about things we love — the special things that help make us who we are!"

Children sit in a circle, ready to listen.

2. Story (2 min)

Play Selin's Sweets video: 'Things I Love'

- Cherry is curious, loves creating new things, and writes about:
 - drawing pictures
 - learning new things
- Rico is brave, honest, and writes about:
 - his toy truck
 - playing outside
- Everyone has things they love — and everyone is special just the way they are."

3. Discussion & Reflection (6 min)

Teacher asks:

- "What does Cherry love?"
- "What does Rico love?"
- "What is something YOU love?"

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3. Discussion & Reflection (Cont'd)

Teacher asks:

- "Why do you think we all like different things?"

Encourage simple, joyful responses: toys, family, sports...

4. Activity - Things I Love Book (10 min)

Step 1 - Hand Out Mini-Books

Teacher gives each child a folded paper "little book."

Teacher:

"This is your very own Things I Love book!"

Step 2 - Drawing Time

Children draw pictures of things they love, such as:

Family, pets, favorite toys, food, swinging, dancing

Teacher walks around prompting with gentle questions:

"What makes your heart happy?"

"What is something you love to do?"

"What is your favorite thing to play with?"

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4. Activity - Things I love Book (Cont'd)

Step 3 - Circle Share

Children sit in a big circle.

One at a time, they show their book and say:

"I love ____." or: "This is something I love."

Class celebrates each friend's uniqueness with a cheer.

5. Closing - Our Classroom is Amazing! (5 min)

Teacher says:

"When we share the things we love, we see how special and different we all are. And that is what makes our classroom amazing!"

Students share one final thing they love before transitioning.

Teacher Reflection

- Did students identify at least one thing they love?
- Did they engage with drawing and sharing?
- Were they comfortable expressing their identity?
- Did they recognize and respect others' differences?